



In consideration of being allowed to participate in the personal boxing training activities and programs of P4P Boxing & Fitness, LLC and to the use of it's facilities, equipment, and services in addition to the payment of any fee or charge, I do hereby forever waive, release, and discharge P4P Boxing & Fitness, LLC and their officers, agents, employees, representatives, executors, and all others acting on their behalf from any and all claims or liabilities for injuries or damages to my person and/or property, including those caused by the negligent act or omission of any of those mentioned or others on their behalf, arising out of or connected to the use of any equipment at various sites such as 386 White Horse Pike, Unit H in Atco New Jersey and/or your residence (home), provided by and/or recommended by P4P Boxing & Fitness, LLC. Buyer agrees to use the facilities and equipment of P4P Boxing & Fitness in a safe and responsible manner and to request necessary instruction on the proper use of equipment or form when needed. Buyer also agrees to use necessary protection (i.e hand wraps, mouthpiece, headgear and groin protector) during workouts. Buyer also agrees to properly warm up prior to beginning any exercise program. Buyer also agrees to consult with PHYSICIAN FIRST if the buyer has any existing medical conditions.